

Autumn menu 2023

	Menu 1		Menu 2		Menu 3
Monday	M Mac 'N' Cheese, cheesy bread and green beans GD V Veggie day as above JP Baked beans or cheese D Fresh fruit (Chefs choice) PL Cheese or ham	Monday	M Med Veg and tomato pasta bake, salad and garlic bread GD V Veggie as above G JP Tuna FDE or Beans Fresh fruit (Chefs choice) PL Cheese or ham	Monday	M Broccoli and cheese pasta bake, sweetcorn and garlic bread GD V Veggie as above JP Baked beans or cheese D Fresh fruit (Chefs choice) PL Cheese or ham
Tuesday	M Chicken sausages (G Soya Sul) mini roastie and baked beans GD V Vegan sausages, (G) mini roastie and baked beans DEG JP Tuna FDE or Beans Fruit yogurt D PL Cheese or tuna mayo	Tuesday	M Sausage roll, potato wedges and spaghetti hoops GD Sul V Vegan sausage roll potato wedges and spaghetti hoops G Soya JP Beans or Cheese D Chocolate Éclair DG PL Cheese or tuna mayo	Tuesday	M BBQ chicken thigh (G) with savoury rice and garden peas G V BBQ veggie nuggets on savoury rice with garden peas G JP Cheese or Tuna FDE Choobs (D) PL Cheese or tuna
Wednesday	M Roast Pork, stuffing, roast potatoes and vegetables G V Cauli and broccoli cheese bake, roast potatoes and vegetables DG JP Cheese or Tuna FDE Homemade brownie GED PL Cheese or ham	Wednesday	M Roast herbed chicken thigh, Yorkshire pudding, roast potatoes, seasonal vegetables and gravy GDE V Quorn fillet, stuffing, roast potatoes, seasonal vegetables and gravy Soya, G JP Cheese or Tuna FDE Fruit in jelly PL Cheese or ham	Wednesday	M Roast turkey, yorkshire pudding, roast potatoes, vegetables and gravy GDE V Mixed veggie casserole, Yorkshire pudding, roast potatoes, vegetables and gravy GDE JP Tuna FDE or Baked beans Homemade apple sponge GDE PL Cheese or ham
Thursday	M Mild chicken curry and veggie rice D V Veggie curry and veggie rice D JP Beans or Cheese D/JP Blueberry Flapjack G PL Cheese or tuna mayo	Thursday	M Beef bolognaise in potato boats topped with cheese and sweetcorn D V Quorn bolognaise in potato boats topped with cheese and sweetcorn D P JP Beans or Cheese D Gingerbread man GDE PL Cheese or tuna mayo	Thursday	M Hot dog in a bun (G Soya) Sul), diced potatoes and spaghetti hoops V Meat free hot dog in a bun (G Soya), diced potatoes and spaghetti hoops JP Baked beans or cheese D Chocolate rice crispie bar (G) PL Cheese or tuna
Friday	M Battered fish, fries and peas GDFE V Veggie samosas with mild curry mayo dip, fries and peas JP Tuna FDE or Baked beans JP Ice cream pot D PL Cheese pastry lattice or sausage roll	Friday	M Fish fingers, fries and baked beans GD V Vegan fish fingers, fries and baked beans G JP Tuna FDE or beans Frozen strawberry smoothie pot D PL Pizza roll or ham	Friday	M Fish cakes, fries and baked beans GD V Tomato and cheese quesadillas, fries and baked beans DG JP Cheese or Tuna FDE Ice cream pot D PL Cheese or ham



G - Contains Gluten D - Contains Dairy F - Contains Fish GF - Gluten Free W - Contains Wheat E- Contains Egg P - Contains Pork

